



2025 SUMMER SPEEDO SECTIONALS Central Zone East Sectional

Thursday, July 17 – Sunday, July 20, 2025

Hosted by The Ohio State University – Columbus, OH
Held under the Sanction of USA Swimming & OH Swimming
#OH-25LC-22; Time Trials #OH-25LC-22TT
This meet will be capped at 850 athletes.



SECTIONAL TIME STANDARDS FOR CENTRAL ZONE EAST

Qualifying Period: January 1, 2024, through the meet entry deadline

WOMEN		EVENT	MEN	
SCY	LCM		LCM	SCY
24.59	28.29	50 FREE	25.49	22.19
53.39	1:00.69	100 FREE	55.49	48.09
1:55.39	2:10.99	200 FREE	2:00.59	1:44.59
5:07.49	4:35.29	400/500 FREE	4:15.79	4:45.09
10:38.29	9:31.89	800/1000 FREE	9:00.49	9:57.99
17:49.89	18:15.59	1500/1650 FREE	17:20.99	16:43.89
59.49	1:09.49	100 BACK	1:02.69	54.89
2:08.79	2:28.49	200 BACK	2:17.29	1:57.59
1:08.29	1:18.29	100 BREAST	1:11.69	1:01.29
2:27.09	2:48.09	200 BREAST	2:35.69	2:13.19
58.69	1:06.79	100 FLY	1:00.09	52.79
2:10.59	2:26.99	200 FLY	2:15.89	1:58.69
2:10.59	2:28.39	200 IM	2:16.79	1:58.39
4:37.69	5:15.99	400 IM	4:54.59	4:15.79
3:41.99	4:09.99	400 FREE RELAY	3:50.99	3:18.99
7:45.99	8:50.99	800 FREE RELAY	8:15.99	7:13.99
4:05.99	4:40.99	400 MEDLEY RELAY	4:17.99	3:42.99

ELIGIBILITY for 200 MEDLEY/FREE RELAYS and 50 STROKES

- **200 Medley/ Free Relays:** 400 relay teams that have a sectional cut may also be entered in the corresponding 200 relay at the 400 relay team entry time. Teams not entered in a 400 relay are ineligible to enter the corresponding 200 relay.
- **50 Back, 50 Breast, or 50 Fly:** To be eligible for the 50 Back, 50, Breast, or 50 Fly, you must have the 100 sectional cut in that stroke and must enter the 50 Back, 50, Breast, or 50 Fly at the 100 stroke entry time.
- All qualifying times must have been achieved at a USA Swimming sanctioned, approved or observed meet by an athlete whose USA Swimming membership is current (including APT compliant) at the time of the swim.



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BONUS TIME STANDARDS

Qualifying Period: January 1, 2024, through the meet entry deadline

WOMEN		EVENT	MEN	
SCY	LCM		LCM	SCY
26.49	29.69	50 FREE	26.29	23.29
55.89	1:02.69	100 FREE	57.79	49.69
1:58.59	2:14.69	200 FREE	2:05.99	1:49.69
5:17.99	4:44.99	400/500 FREE	4:23.99	4:52.69
10:47.39	9:43.09	800/1000 FREE	9:13.99	10:08.99
18:00.09	18:30.79	1500/1650 FREE	17:34.89	16:55.89
1:03.99	1:13.29	100 BACK	1:05.19	57.79
2:14.09	2:33.59	200 BACK	2:23.09	2:03.09
1:11.79	1:22.69	100 BREAST	1:15.49	1:05.09
2:33.49	2:55.79	200 BREAST	2:42.49	2:19.49
1:02.89	1:09.69	100 FLY	1:03.49	55.79
2:15.59	2:33.99	200 FLY	2:22.99	2:03.99
2:14.29	2:33.49	200 IM	2:21.99	2:02.89
4:45.09	5:26.99	400 IM	5:06.99	4:23.99

ENTRY LIMITS and BONUS EVENTS

- **Limits:** A swimmer may enter an unlimited number of individual events but may compete in no more than 6 individual events (regardless of distance) for the meet and in no more than 3 individual events per day. Time trial events count toward a swimmer's daily limit (3 events) but do not count toward a swimmer's meet limit of six (6) events.
- **Bonus Events:** Swimmers who have achieved fewer than 4 individual event time standards may supplement their entry with bonus event(s) so that the total of individual events (qualified swims plus bonus swims) does not exceed 4 for the meet. (i.e. 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Swimmers entering bonus events must meet the bonus time standards as outlined in the grid above.
- **Bonus Entries after Entries Close:** Bonus events for new qualifiers will be accepted based on space availability. Coaches will be notified about the availability of bonus events for new qualifiers.