



## **Integrity, Inclusion, Education, Excellence**

### **2023 WMSL Summer "A" Meet**

**Hosted By: Calvin Swim Club and Grand Rapids Aquatics**

**July 18 and 19, 2023**

**Approval:** This meet is approved by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Approval Number **MIAP2223133**. In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

MS or USA-S may revoke this approval at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, CSC, GR, EAST KENTWOOD HIGH SCHOOL, CALVIN UNIVERSITY, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

CSC and GR will include the above information in meet announcements, heat sheets and posted around the pool facility.

**COVID-19 Procedures/Requirements:**

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member’s membership in Michigan Swimming and USA Swimming.

**Minor Athlete Abuse Prevention Policy Acknowledgement:**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

**Location: Tuesday** - Kentwood Aquatics Center  
6230 Kalamazoo Ave SE, Kentwood, MI

**Wednesday** - Calvin University  
Venema Aquatic Center  
3195 Knight Way SE, Grand Rapids, MI 49546-4406

**Times:**

<b>Tuesday Afternoon (12 &amp; Under)</b>	Warm-up 4:00 PM	Meet Start 5:00 PM
<b>Wednesday Afternoon (13 &amp; Over)</b>	Warm-up 4:00 PM	Meet Start 5:00 PM

## **Facilities:**

**Tuesday** - The Kentwood Aquatics Center is an 8 lane pool with a supervised warm-up and warm down area available. Depth at start is 9' <sup>1</sup> and 7.5' at turn. Permanent starting blocks and non-turbulent lane markers will be used. A Colorado system with an 8-lane display will be used.

**Wednesday** - The Venema Aquatic Center is an 8-lane pool 25 yard pool with a separate area available for supervised warm-up and warm down. Depth at start is 9' and 8' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 8-lane display will be used.

**Course Certification** – Both competition courses have not been certified in accordance with 104.2.2C(4)

**Meet Format** - The WMSL Summer A Championship is an age group meet where swimmers are separated into the following age groups: 8 & Under, 9-10, 11-12, 13-14, and 15 & Over. 12 & Under swimmers will swim on Tuesday and 13 & Over will swim on Wednesday.

**Eligibility** - All athletes are eligible to participate in this meet that have participated in a WMSL meet after Jan 1, 2023 and meet the qualifying time as required.

**Entry Procedures** - Entries may be submitted to the Administrative Official as of June 20, 2023 @ 12:00PM. The Administrative Official must receive all entries no later than July 16, 2023 @ 11:59PM. Entries for USA registered athletes must include correct swimmer name (as registered with US/MS Swimming) and date of birth in order for their entry times to be loaded into the SWIMS database. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

**Entry Acceptance and Processing** - Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

**Individual Entry Limits** - Swimmers may be entered in up to 2 individual events and 2 relays events, but not more than 4 total.

**Entry Fees** - There are no entry fees for this meet.

**Surcharges** - A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

**Paper Entries** - MS rules regarding non-electronic entries apply. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

**Refunds** - Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

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<sup>1</sup> Depth at Start must meet State of Michigan requirements.

**Entry Paperwork** - Your club's Entry, Entry Summary Sheet, Release/Waiver and Check should be sent via U.S. mail or nationally recognized overnight courier to:

**Grand Rapids Aquatics  
Attn. Amber Hornecker  
2805 Coit Ave. NE  
Grand Rapids, MI 49505**

**Check In** - Check in will be required. Check in will be available 30 minutes prior to start of warm-up. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted in the hallway outside the locker rooms.

**Marshaling** - Self-Marshaling will be used for all swimmers. Heat sheets will be posted around the pool after check-in closes and seeding is complete.

**Seeding** - Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest.

**Deck Entries** - Deck entries will not be allowed.

**Meet Programs/Admissions** - Admission is \$5.00 per adult and \$3.00 for children 5 & over. Meet programs will be \$2 for each day at each pool.

**Scoring** - Team Scores will be kept/points will be awarded for the top 16 times as follows:

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

**Awards** - Awards for 1<sup>st</sup> - 8<sup>th</sup> place.

**Results** - Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

**Concessions** - Food and beverages will be available in the concession stand. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

**Lost and Found** - Articles may be turned in/picked up at pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

**Swimming Safety** - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

**Racing Start Certification** - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Deck Personnel/Locker Rooms/Credentialing** - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the door to the pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo, name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

**Swimmers with Disabilities** - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

**First Aid** - Supplies will be kept in the pool office.

**Medical Supervision** - Lifeguards and an AED device will be available to all athletes participating in this competition.

### **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**General Information and Errors/Omissions** - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

## **Meet Personnel**

### **East Kentwood**

**Meet Director** – Branden Graf, [branden.graf@kentwoodps.org](mailto:branden.graf@kentwoodps.org)

**Meet Referee** – Therese Clark, [therese.clark10@gmail.com](mailto:therese.clark10@gmail.com)

**Safety Marshal** – Emin Agic

**Administrative Official** – Jen Huyser, [jhuyserao@gmail.com](mailto:jhuyserao@gmail.com)

### **Calvin**

**Meet Director** – Dan Gelderloos, [swimcoach@calvin.edu](mailto:swimcoach@calvin.edu)

**Meet Referee** – Therese Clark, [therese.clark10@gmail.com](mailto:therese.clark10@gmail.com)

**Safety Marshal** – Chris Sullivan

**Administrative Official** - Jen Huyser, [jhuyserao@gmail.com](mailto:jhuyserao@gmail.com)

**2023 WMSL Summer "A" Meet**

**Approval Number: MIAP2223133**

**Tuesday, (12 & Under)**

**East Kentwood Aquatic Center**

**Warm-up 4:00 pm Check-in closes 4:15 pm Meet Starts 5:00 pm**

Girls	Age	Description	Age	Boys
1	8 & Under	100 Med Relay	8 & Under	2
3	9-10	200 Med Relay	9-10	4
5	11-12	200 Med Relay	11-12	6
7	9-10	200 Freestyle	9-10	8
9	11-12	200 Freestyle	11-12	10
11	9-10	100 IM	9-10	12
13	11-12	100 IM	11-12	14
15	8 & Under	25 Freestyle	8 & Under	16
17	9-10	50 Freestyle	9-10	18
19	11-12	50 Freestyle	11-12	20
21	8 & Under	25 Butterfly	8 & Under	22
23	9-10	50 Butterfly	9-10	24
25	11-12	50 Butterfly	11-12	26
27	8 & Under	50 Freestyle	8 & Under	28
29	9-10	100 Freestyle	9-10	30
31	11-12	100 Freestyle	11-12	32
33	8 & Under	25 Backstroke	8 & Under	34
35	9-10	50 Backstroke	9-10	36
37	11-12	50 Backstroke	11-12	38
39	8 & Under	25 Breaststroke	8 & Under	40
41	9-10	50 Breaststroke	9-10	42
43	11-12	50 Breaststroke	11-12	44
45	8 & Under	100 Freestyle Relay	8 & Under	46
47	9-10	200 Freestyle Relay	9-10	48
49	11-12	200 Freestyle Relay	11-12	50

**2023 WMSL Summer "A" Meet**  
**Approval Number: MIAP2223133**

**Wednesday, (13 & Over)**

**Calvin University**

**Warm-up 4:00 pm Check-in closes 4:15 pm Meet Starts 5:00 pm**

Girls	Age	Description	Age	Boys
51	13-14	200 Med Relay	13-14	52
53	15 & Over	200 Med Relay	15 & Over	54
55	13-14	200 Freestyle	13-14	56
57	15 & Over	200 Freestyle	15 & Over	58
59	13-14	100 IM	13-14	60
61	15 & Over	200 IM	15 & Over	62
63	13-14	50 Freestyle	13-14	64
65	15 & Over	50 Freestyle	15 & Over	66
67	13-14	50 Butterfly	13-14	68
69	15 & Over	100 Butterfly	15 & Over	70
71	13-14	100 Freestyle	13-14	72
73	15 & Over	100 Freestyle	15 & Over	74
75	13-14	100 Backstroke	13-14	76
77	15 & Over	100 Backstroke	15 & Over	78
79	13-14	100 Breaststroke	13-14	80
81	15 & Over	100 Breaststroke	15 & Over	82
83	13-14	200 Free Relay	13-14	84
85	15 & Over	200 Free Relay	15 & Over	86



# WEST MICHIGAN SWIM LEAGUE

## "A" QUALIFYING TIMES

“B” standards are any times slower than “A” standards.

<b>Girls:</b>	<b>Event:</b>	<b>Boys:</b>
<b>8 &amp; Under</b>		<b>8 &amp; Under</b>
22.79	25 Free	22.79
27.39	25 Fly	28.79
48.49	50 Free	48.79
25.59	25 Back	26.89
26.99	25 Breast	28.39
<b>9 &amp; 10</b>		<b>9 &amp; 10</b>
3:07.99	200 Free*	3:07.99
1:40.99	100 I.M.	1:40.99
39.19	50 Free	39.19
48.59	50 Fly	51.09
1:28.99	100 Free	1:28.99
45.09	50 Back	47.09
48.49	50 Breast	49.49
<b>11 &amp; 12</b>		<b>11 &amp; 12</b>
2:53.79	200 Free*	2:57.99
1:25.59	100 I.M.	1:28.99
33.99	50 Free	33.99
39.69	50 Fly	43.99
1:16.29	100 Free	1:17.99
39.99	50 Back	42.49
42.49	50 Breast	45.49

\*There is no 13 & Over or 200 Free for the 9 & 10 and 11 & 12 age group at the “B” Championship Meet.

