



Integrity, Inclusion, Education, Excellence

West Michigan Classic

Hosted By: Michigan Lakeshore Aquatics

July 8-9, 2023

Sanction – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2223125**. MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND **Holland Aquatic Center** AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed

to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

Michigan Lakeshore Aquatics will include the above information in meet announcements, heat sheets and posted around the pool facility.

COVID-19 Procedures/Requirements

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

Minor Athlete Abuse Prevention Policy Acknowledgement

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

Location Holland Community Aquatic Center
550 Maple Ave.
Holland, MI 49423

Times

Saturday and Sunday Morning	Warm-up 8:00am Meet Start 9:00am
Saturday and Sunday Afternoon	Warm-up to start immediately following the morning session but not before 12:00pm. Meet will start 60 minutes after warm-up begins but not before 1:00pm.

Facilities

Holland Aquatic Center is an 8 lane 50 meter pool with an additional 5-lane 25 yard flex pool available for supervised warm-up and warm down. Depth at start is 6'9" and 13' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8 lane display will be used.

Course Certification

The competition course has not been certified in accordance with 104.2.2C(4)

Meet Format

West Michigan Classic is a Timed Finals Meet with "12 & Under" events swum during the morning sessions, and "Open" events swum during the afternoon sessions.

Eligibility

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

Entry Procedures

Entries may be submitted to the Administrative Official as of **9:00am June 12, 2023**. The Administrative Official must receive all entries no later than **5:00pm July 3, 2023**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

Per the Entry Acceptance and Processing section, the email with entries should also include the number of officials that are coming with the team, if applicable.

Entry Acceptance and Processing

If the meet is over-entered, MLA has sole discretion to determine which entries to accept. In making this decision, the number of officials coming with the team will be considered. The order in which entries are received after the entry open date listed above will be considered AFTER the above criteria. Teams will not be split.

Teams will be notified by email of their status by 8:00 pm, June 14, 2023.

Individual Entry Limits

Swimmers may enter into no more than 4 individual events per day.

Entry Fees

\$5.00 per individual event. Make checks payable to **Holland Aquatic Center**.

Surcharges

\$1.00 per athlete Michigan Swimming athlete surcharge and \$10 facility charge apply.

Paper Entries

MS rules regarding non-electronic entries apply. **\$6.00** per individual event. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Paperwork

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Holland Aquatic Center
550 Maple Ave
Holland, MI 49423

Check In

Check in will be required. It will be available **30 minutes** prior to the start of warm-up. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted in the hallway outside of the locker rooms. Prior to check in close a swimmer may scratch events at the check-in sheets. After check in closes, you must see the Meet Referee to scratch an event.

Marshaling

This is a self-marshalled meet. Swimmers are responsible for being in the correct heat and lane. Heat sheets will be posted prior to the start of each session

Seeding

All events are timed finals and will be seeded slowest to fastest after check-in closes.

Deck Entries

Deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies. Deck entries will be offered if time is available under the Michigan Swimming 4 hour rule. Individual events are **\$7.50** per individual event. Deck entry

swimmers are subject to the Michigan Swimming \$1.00 general surcharge and the \$10 Facility Fee if they are not already entered in the meet.

Meet Programs/Admissions

Admissions is \$5.00 per person per day. Children 10 and under, with an adult, are free. Meet programs will be sold for \$5.00. Parking fee may be applied.

NO BAG CHAIRS, FOLDING CHAIRS, CAMP CHAIRS ARE ALLOWED IN THE BALCONY. The Aquatic Center will be open to swim meet participants and spectators at 7:30am each morning.

MLA may be streaming a live feed of the meet at a cost per subscriber.

Scoring

No team or individual scoring will be kept.

Awards

There are no awards for Open events.

12 & Under swimmers will receive ribbons for 1-8th place for the following age groups: 10 & under and 11-12.

All awards must be picked up by the coaches at the conclusion of the meet on Sunday.

Results

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions

Food and beverages will be available in the balcony. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found

Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the

warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the hallway to the locker rooms/pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo, name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid

Supplies will be kept in the pool office.

Medical Supervision

The Holland Aquatics Center is fully staffed with rotating lifeguards on both the 50m competition pool and 5-lane warm-up pool. An Operating Supervisor (OS) will be available on-

deck or by radio at all times during open hours to facilitate emergency needs. The facility has several AED devices located around the competition and warm-down areas for easy access.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Meet Director Norm VerMeulen (a USA Swimming member)
norm@mlaswim.org

Meet Referee Jeff Wilkins (a USA Swimming member)
jeffrey.wilkins@comcast.net

Safety Marshal Sara Kadzban
sara@hollandaquaticcenter.org

Administrative Official
Ruth Andegeko (a USA Swimming member)
616.821.9795 (coaches only please)
ruthandeaogmail.com

West Michigan Classic

Sanction Number: MI2223125

**Saturday Morning, July 8, 2023
12 and Under**

Warm-up starts: 8:00am Check-in closes: 8:15am Meet starts: 9:00am

Girls	Age	Event	Boys
1	12 and Under	400 IM	2
3	12 and Under	50 Backstroke	4
5	12 and Under	100 Breaststroke	6
7	12 and Under	200 Butterfly	8
9	12 and Under	100 Freestyle	10
11	12 and Under	50 Breaststroke	12
13	12 and Under	200 Freestyle	14

**Saturday Afternoon, July 8, 2023
Open**

Warm-up immediately following morning session but not before 12:00pm.

Check-in closes 15 minutes after warm-up starts but not before 12:15pm.

Times will be announced.

Meet starts 60 minutes after warm-up begins but not before 1:00pm.

Girls	Age	Event	Boys
15	Open	200 Freestyle	16
17	Open	100 Backstroke	18
19	Open	200 Breaststroke	20
21	Open	100 Butterfly	22
23	Open	100 Freestyle	24
25	Open	400 IM	26

**Sunday Morning, July 9, 2023
12 and Under**

Warm-up starts: 8:00am Check-in closes: 8:15am Meet starts: 9:00am

Girls	Age	Event	Boys
27	12 and Under	400 Freestyle	28
29	12 and Under	100 Backstroke	30
31	12 and Under	200 Breaststroke	32
33	12 and Under	100 Butterfly	34
35	12 and Under	50 Freestyle	36
37	12 and Under	200 Backstroke	38
39	12 and Under	50 Butterfly	40
41	12 and Under	200 IM	42

**Sunday Afternoon, July 9, 2023
Open**

Warm-up immediately following morning session but not before 12:00pm.

Check-in closes 15 minutes after warm-up starts but not before 12:15pm.

Times will be announced.

Meet starts 60 minutes after warm-up begins but not before 1:00pm.

Girls	Age	Event	Boys
43	Open	200 IM	44
45	Open	50 Freestyle	46
47	Open	200 Backstroke	48
49	Open	100 Breaststroke	50
51	Open	200 Butterfly	52
53	Open	400 Freestyle	54

