



## **Integrity, Inclusion, Education, Excellence**

### **13<sup>th</sup> Annual Big Red Challenge Open Invitational**

**Hosted By: MLA**

**June 2-4, 2023**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2223107**. MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND HOLLAND AQUATIC CENTER AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or

negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

MLA will include the above information in meet announcements, heat sheets and posted around the pool facility.

### **COVID-19 Procedures/Requirements**

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

### **Location**

Holland Community Aquatic Center  
550 Maple Avenue  
Holland, Michigan 49423

### **Times**

#### Friday June 3, 2022

Timed Finals	Warm-Up 4:30pm	Meet Start 5:30pm
--------------	----------------	-------------------

#### Saturday June 4, 2022

Prelim	Warm-Up 7:30am	Meet Start 9:00am
--------	----------------	-------------------

Finals	Warm-Up 4:00pm	Meet Start 5:00pm
--------	----------------	-------------------

#### Sunday June 5, 2022

Prelim	Warm-Up 7:30am	Meet Start 9:00am
--------	----------------	-------------------

Finals	Warm-Up 4:00pm	Meet Start 5:00pm
--------	----------------	-------------------

## **Facilities**

Holland Aquatic Center is an 8 lane 50-meter pool with an attached 6-lane 25 yard pool available for supervised warm-up and warm down. Depth at start is 6'9" and 13' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8-lane display will be used.

## **Course Certification**

The competition course has not been certified in accordance with 104.2.2C(4).

## **Meet Format**

Friday evening are timed final events. Saturday and Sunday are prelim/final open events. **\*\*NEW**: finals events will have an additional 12 & Under heat after the three C, B, and A finals are swam for each event.

## **Eligibility**

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

## **Entry Procedures**

Entries may be submitted to the Administrative Official as of May 8, 2023 at 9am. The Administrative Official must receive all entries no later than May 28, 2023 at 12noon. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

## **Entry Acceptance and Processing**

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above. MLA is keeping the right to cap the prelim sessions length around 4 hours.

## **Individual Entry Limits**

Friday evening swimmers may enter in one (1) individual event. On Saturday and Sunday, swimmers may enter no more than three (3) events per day.

## **Entry Fees**

\$7.50 per individual prelim/final event and \$5.00 per timed final event. Make checks payable to: Holland Aquatic Center.

## **Surcharges**

\$1.00 per athlete Michigan Swimming athlete surcharge and \$10 facility charge apply.

## **Paper Entries**

MS rules regarding non-electronic entries apply. \$8.50 per individual prelim/final event and \$6.00 per timed final event. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

## **Refunds**

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

## **Entry Paperwork**

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Paperwork and Payments: Michigan Lakeshore Aquatics  
550 Maple Ave.  
Holland, MI 49423  
616-393-7595 x119

Administrative Official: Ruth Andegeko **ruthandea@gmail.com**  
616-821-9795 (coaches only)

## **Check In**

Check-in will be required and will be located outside the pool office and will be available until 15 minutes after the start of warm-up.

All swimmers in the 400 Freestyle must perform a positive check-in or scratch. The scratch and positive check-in deadline is **Friday June 2<sup>nd</sup>, 6:00 PM**. Failure to check-in an athlete by the designated time will result in the athlete being scratched from the event.

## **Marshaling**

Swimmers will be responsible for reporting to the marshaling area when their event is called.

## **Seeding**

Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. Specifics:

- Timed finals 400 IM and 800 free will be seeded fastest to slowest alternating genders.
- Timed final 400 free will be seeded fastest to slowest alternating genders during the prelim session, except the top 24 swimmers who will swim in the finals session slowest to fastest.
- All prelim events will be seeded slowest to fastest with circle-seed of the fastest 3 heats.
- Top 24 swimmers from the prelims will swim in the following finals: C (Bonus Final), B (Consolation Final) and A (Championship Final). Of the remaining swimmers, top 8 of 12 & under only swimmers will swim in D final.
- **Finals** – If a swimmer qualifies for a finals event as a result of his/her preliminary swim and fails to properly scratch or fails to properly declare an intention to scratch pursuant to the rule within 30 minutes after the final qualifiers are announced, and fails to compete in that event final, the club that he/she is registered with shall be fined \$25 payable immediately to MLA.

## **Deck Entries**

Deck entries will be allowed at \$10.00 per individual prelim-final events and \$7.50 per individual timed final events, if the timeline allows and the Meet Referee and Meet Director approve it and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies.

## **Meet Programs/Admissions**

Admissions is \$5.00 per person per day. Children 10 and under, with an adult, are free. Meet programs will be sold for \$3.00. Parking fee may be applied.

NO BAG CHAIRS, FOLDING CHAIRS, CAMP CHAIRS ARE ALLOWED IN THE BALCONY. The Aquatic Center will be open to swim meet participants and spectators at 7:00am each morning.

MLA may be streaming a live feed of the meet at a cost per subscriber.

## **Scoring**

No team or individual scoring will be kept.

## **Awards**

No awards will be given.

## **Results**

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

## **Concessions**

Food and beverages will be available in the balcony area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

## **Lost and Found**

Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

## **Swimming Safety**

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

## **Racing Start Certification**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## **Deck Personnel/Locker Rooms/Credentialing**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the door to the locker rooms/pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo, name as well as the function of the individual being granted access to the

pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

### **Swimmers with Disabilities**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

### **First Aid**

Supplies will be kept in the pool office.

### **Medical Supervision**

The Holland Aquatics Center is fully staffed with rotating lifeguards on both the 50m competition pool and 5-lane warm-up pool. An Operating Supervisor (OS) will be available on-deck or by radio at all times during open hours to facilitate emergency needs. The facility has several AED devices located around the competition and warm-down areas for easy access.

### **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

## **General Information and Errors/Omissions**

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

## **Meet Personnel**

**Meet Director** Norm VerMeulen (a USA Swimming member)  
norm@mlaswim.org

**Meet Referee** Adam Forbs (a USA Swimming member)  
forbesajswim@gmail.com

**Safety Marshal** Sara Kadzban  
sara@hollandaquaticcenter.org

**Administrative Official**  
Ruth Andegeko (a USA Swimming member)  
616.821.9795 (coaches only please)  
ruthandea@gmail.com



**13<sup>th</sup> Annual Big Red Challenge**

**Sanction Number: MI2223107**

**Friday, June 2, 2023**

**Timed Finals**

**Warm-up starts: 4:30pm Check-in closes: 4:45pm Meet starts: 5:30pm**

<b>Girls</b>	<b>Age</b>	<b>Event</b>	<b>Boys</b>
1	Open	400 IM	2
3	Open	800 Freestyle	4

Events are timed finals seeded Fast to Slow alternating gender.

**Saturday, June 3, 2023**

**Event Prelims**

**Warm-up starts: 7:30am Check-in closes: 7:45am Meet starts: 9:00am**

<b>Girls</b>	<b>Age</b>	<b>Event</b>	<b>Boys</b>
5	Open	200 Freestyle	6
7	Open	100 Butterfly	8
9	Open	50 Freestyle	10
11	Open	200 Breaststroke	12
13	Open	100 Backstroke	14
15	Open	400 Freestyle**	16

\*\*Timed Final swims in Prelim Session. Seeded Fast to Slow alternating gender.  
Top 24 swim at Finals Session.

**Saturday, June 3, 2023**

**Event Finals**

**Warm-up 4:00pm Meet Starts 5:00pm**

**Event Order: Events 5 through 16**

Open events in Finals will have four heats: A, B, and C Finals for Open (top 24 qualifiers, all ages), D Final would be only for 12 & under who didn't qualify in the top 24.

**Sunday, June 4, 2023  
Event Prelims**

**Warm-up starts: 7:30am Check-in closes: 7:45am Meet starts: 9:00am**

<b>Girls</b>	<b>Age</b>	<b>Event</b>	<b>Boys</b>
17	Open	100 Breaststroke	18
19	Open	200 IM	20
21	Open	100 Freestyle	22
23	Open	200 Butterfly	24
25	Open	200 Backstroke	26

**Sunday, June 4, 2023  
Event Finals**

**Warm-up 4:00pm Meet Starts 5:00pm**

**Event Order: Events 17 through 26**

Open events in Finals will have four heats: A, B, and C Finals for Open (top 24 qualifiers, all ages), D Final would be only for 12 & under who didn't qualify in the top 24.

