



## **Integrity, Inclusion, Education, Excellence**

**2023 JAWS First Chance Meet**

**Long Course Open Invitational**

**Hosted By: Jenison Area Wildcat Swimming**

**Saturday, May 27, 2023**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2223105**. MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND JENISON HIGH AQUATIC CENTER AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at

the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

Jenison Area Wildcat Swimming (JAWS) will include the above information in meet announcements, heat sheets and posted around the pool facility.

**COVID-19 Procedures/Requirements** - All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

**Minor Athlete Abuse Prevention Policy Acknowledgement** - All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

**Location** - Jenison High School Aquatic Center  
2140 Bauer Road  
Jenison, MI 49428

**Times** - Saturday Morning  
Balcony opens: 7:45 AM  
Warm up Starts: 8:00 AM  
Check in Closes: 8:15 AM  
Events Begin: 9:00 AM

Saturday Afternoon  
Warm up Starts: Immediately following the morning session, but not before 12:30 PM  
Check in Closes: 15 minutes after warm up begins.  
Events Begin: One hour after warm up begins.

**Motels** - Hampton Inn Grand Rapids - South 616-261-5500  
755 54th Street SW  
Wyoming, MI 49509

Go to [www.jenisonaquatics.org](http://www.jenisonaquatics.org) for hotel and food information in the Jenison area. Click on the "Food & Lodging" tab.

**Facilities** - The Jenison High School Aquatics Center, is an 8 lane 50-meter pool. Lanes 2 through 8 will be used for competition and lane 1 will be available for supervised warm-up and warm down. Depth at start is 13'11"<sup>1</sup> and 4'6" at turn. Movable starting blocks and non-turbulent lane markers will be used. IST timing with a seven-lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones **will not** be available.

**Course Certification** - The competition course has not been certified in accordance with 104.2.2C(4)

**Meet Format** - This meet is an open invitational; timed finals meet with 13 & over swimmers in the AM and 12 & under swimmers in the PM.

**Eligibility** - All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

**Entry Procedures** - Entries may be submitted to the Administrative Official as of **Saturday, April 29, 2023 at 6:00pm**. The Administrative Official must receive all entries no later than **Friday, May 19, 2023 at 6:00pm**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

**Entry Acceptance and Processing** - Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above. The host club reserves the right to fill up to 50% of each session with its own entries before processing those of other clubs.

**Individual Entry Limits** - All swimmers may enter up to four (4) events.

**Entry Fees** - **\$5.00** per individual event. Make checks payable to **JAWS**.

**Surcharges** - A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

**Paper Entries** - MS rules regarding non-electronic entries apply. **\$6.00** per individual event. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

**Refunds** - Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

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<sup>1</sup>Depth at Start must meet State of Michigan requirements.

**Entry Paperwork** - Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Jennifer Coffey  
Jenison High School Aquatic Center  
2140 Bauer Road  
Jenison, MI 49428  
Jen Huyser (Administrative Official) – jenisonentries@gmail.com

**Check In** - Check in will be required. It will be available **30 minutes prior to warm up** and will be required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be separated by gender and located on a table outside of each respective locker room on the pool deck.

**Marshaling** - There is no marshaling at this meet. Heat sheets will be posted for self-marshaling for all age groups underneath the American flag and the scoreboard.

**Seeding** - The meet will be seeded after check-in closes and scratches are processed. All events are timed finals and will be seeded slowest to fastest.

**Deck Entries** - Deck entries will be allowed subject to the meet referee's discretion per the 4 event limit and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies.

The deck entry fee is \$7.50 per individual event. Deck entry are subject to the Michigan Swimming \$1.00 general surcharge if they are not already entered in the meet. For deck entries, registration status must be proven by showing an electronic USA Membership card on the USA Swimming website or USA Swimming app. Name, date of birth and club affiliation should then be provided to meet administrative staff.

**Meet Programs/Admissions** - Admission is \$5.00. Children 8 & under are free with a paying adult. Heat sheets will be available for \$2.00 at the admissions after they are announced as available.

**Scoring** - No team or individual scoring will be kept.

**Awards** - 1<sup>st</sup> through 8<sup>th</sup> place ribbons will be awarded to 8 & under, 9 & 10, and 11 & 12 age groups.

There are no awards for 13 & Overs.

Coaches must claim awards at the end of the meet. They will not be mailed.

**Results** - Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

**Concessions** - Food and beverages will be available in the upstairs balcony. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

**Lost and Found** - Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

**Swimming Safety** - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

**Racing Start Certification** - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Deck Personnel/Locker Rooms/Credentialing** - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the hallway to the locker rooms/pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team JAWS as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

**Swimmers with Disabilities** - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

**First Aid** - Supplies will be kept in the pool office.

**Medical Supervision** - The Jenison High School Aquatics Center will have lifeguards staffed during the entire duration of the meet from warm up through warm down. We also have an AED on deck for emergency use.

## **Facility Items**

(A) No smoking is allowed in the building or on the grounds of any facility listed above.

- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**General Information and Errors/Omissions** - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

## **Meet Personnel**

**Meet Director – Ray Onisko, [ronisko@jpsonline.org](mailto:ronisko@jpsonline.org)**

**Meet Referee – Casey Kern, [ckern1213@sbcglobal.net](mailto:ckern1213@sbcglobal.net)**

**Safety Marshal – Jen Coffey, [jcoffey@jpsonline.org](mailto:jcoffey@jpsonline.org)**

**Administrative Official – Jen Huyser, [jenisonentries@gmail.com](mailto:jenisonentries@gmail.com)**

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Long Course Open Invitational**

**Saturday, May 27, 2023**

**Sanction Number MI2223105**

**Warm-Up: 8:00 AM, Check in Closes at 8:15 AM, Start: 9:00 AM**

<b><u>Girls Events</u></b>	<b><u>Events (all 13 &amp; Over)</u></b>	<b><u>Boys Events</u></b>
1	400 IM	2
3	200 Free	4
5	100 Breast	6
7	200 Butterfly	8
9	100 Free	10
11	200 Back	12
13	100 Butterfly	14
15	200 Breast	16
17	100 Back	18
19	50 Free	20
21	200 IM	22
23	400 Free	24

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**Hosted By: Jenison Area Wildcat Swimming**  
**Saturday, May 27, 2023**  
**Sanction Number MI2223105**

**Warm-Up: Immediately following AM session but not before 12:30 PM**

**Check In Closes: 15 minutes after the start of Warm-up**

**Meet Starts: one hour after the start of Warm-ups**

<b><u>Girls Events</u></b>	<b><u>Events (all 12 &amp; Under)</u></b>	<b><u>Boys Events</u></b>
25	400 IM	26
27	200 Free	28
29	100 Breast	30
31	50 Back	32
33	200 Butterfly	34
35	100 Free	36
37	50 Breast	38
39	200 Back	40
41	100 Butterfly	42
43	200 IM	44
45	50 Free	46
47	200 Breast	48
49	100 Back	50
51	50 Butterfly	52
53	400 Free	54



