



Integrity, Inclusion, Education, Excellence

2023 Calvin Early Bird

Hosted By: Calvin Swim Club

Friday, May 5 & Saturday, May 6, 2023

Approval – This meet is Approved by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Approval Number **MIAP2223098**. MS or USA-S may revoke this Approval at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming Approved events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming Approved event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, VENEMA AQUATIC CENTER AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or

negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

Calvin Swim Club will include the above information in meet announcements, heat sheets and posted around the pool facility.

COVID-19 Procedures/Requirements - All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Approval Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

Minor Athlete Abuse Prevention Policy Acknowledgement - All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Location - Calvin University
Venema Aquatic Center
3195 Knight Way SE
Grand Rapids, MI 49546-4406

Times - May 5, 2022

Friday - OPEN: WU start 4:00 PM, Event starts 5:30 PM

May 6, 2022

Saturday Morning - 12 & Under: WU start 8:30 AM, Event starts 10:00 AM

Saturday Afternoon - OPEN: WU after the completion of the morning session, but not before 1:00 PM, events starts one hour after warm up begins, but not before 2:30 PM.

Facilities - Venema Aquatic Center is an 8 lane pool 50 meter pool where 7 lanes will be used for competition and one lane will be available for supervised warm-up and warm down. Depth at start is 8' and 15' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 8-lane display will be used.

Course Certification - The competition course has not been certified in accordance with 104.2.2C(4)

Meet Format - This meet will be a timed final.

Eligibility - All athletes are eligible to participate in this meet.

Entry Procedures - Entries may be submitted to the Administrative Official as of Saturday, April 8 at 12:00PM. The Administrative Official must receive all entries no later than Friday, April 28 at 11:59PM. Entries for USA registered athletes must include correct swimmer name (as registered with USA Swimming) and date of birth in order for their entries to be loaded

into the SWIMS database. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet. Make checks payable to: Calvin Swim Club.

Entry Acceptance and Processing - Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

Individual Entry Limits - Swimmers may enter a maximum 6 individual events and 1 relay per day.

Entry Fees - \$5.00 per individual event and \$12.00 for relays. Make checks payable to: Calvin Swim Club.

Surcharges - A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

Paper Entries - MS rules regarding non-electronic entries apply. \$6.00 per individual event and \$13.00 per relay. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Refunds - Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Paperwork - Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Attn: CSC
Venema Aquatic Center
3195 Knight Way SE
Grand Rapids, MI 49546-4406

Check In - Check in will be required. It will be available 30 minutes before warmups. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm. Check in sheets will be posted outside the pool.

Marshaling - Self-Marshaling will be used for all swimmers. Heat sheets will be posted around the pool after check-in closes and seeding is complete.

Seeding - This meet will be seeded 15 minutes after the start of warmups each session.

Deck Entries - The Meet Referee and Meet Director will determine if Deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies. All deck entries must be received by the office 15 minutes after warmups begin for the session the athlete is deck entering. Deck entries count toward daily total entries for swimmers. The deck entry fee is \$7.00 for individual and \$13.00 for relays. Athletes must be registered with USA swimming prior to the first day of the meet to be eligible for deck entries to be loaded into the SWIMS database. USA registered swimmers must have their

correct name as registered with USA Swimming and their date of birth included in the Meet Manager file for their results to be loaded into the SWIMS database

Meet Programs/Admissions - Admission is \$5.00 per person per day. Children 10 & under may enter free. Heat sheets will be available each session at the admissions table for \$2.00 after the meet is seeded.

Scoring – No team or individual scoring will be kept.

Awards - No awards will be given.

Results - Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions - Food and beverages will be available in the concession stand. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found - Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet. There will be at least two marshals at this competition, with at least one of each gender.

Racing Start Certification - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the door to the pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo, name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid - Supplies will be kept in the pool office.

Medical Supervision - Lifeguards will be on duty throughout the entire meet and will be tasked with medical supervision during the event. These responsibilities include monitoring the pool area for potential hazards or injuries, providing first aid and CPR to swimmers in need, and coordinating with emergency medical services and Calvin's Campus Safety department if necessary.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to Approval of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Meet Director – Chris Sullivan - cms65@calvin.edu

Meet Referee – Adam Forbes - forbesajswim@gmail.com

Safety Marshal – Helena Tolic

Administrative Official – Jen Huyser – jhuyserao@gmail.com

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Events list

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Friday

Warm-up starts 4:00 PM Check-in closes 4:15 PM Meet starts 5:30 PM

Girls	Event	Boys
1	Open 200 IM	2
3	Open 50 Fly	4
5	Open 200 Back	6
7	Open 100 Breast	8
9	Open 100 Free	10
11	Open 200 Fly	12
13	Open 400 Free	14
15	Open 400 Medley Relay	16

Saturday Morning

Warm-up starts 8:30 AM Check-in closes 8:45 AM Meet starts 10:00 AM

Girls	Event	Boys
17	12 & Under 200 Medley Relay	18
19	12 & Under 200 IM	20
21	12 & Under 100 Free	22
23	12 & Under 50 Back	24
25	12 & Under 100 Breast	26
27	12 & Under 50 Fly	28
29	12 & Under 200 Free	30
31	12 & Under 100 Back	32
33	12 & Under 50 Breast	34
35	12 & Under 100 Fly	36
37	12 & Under 50 Free	38
39	12 & Under 200 Free Relay	40

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Saturday Afternoon

WU: After the completion of the morning session, but not before 1:00 PM.

Check In Closes: 15 minutes after warmups start.

Events Begin: One hour after warm up begins, but not before 2:30 PM.

Girls	Event	Boys
41	Open 200 Free	42
43	Open 100 Fly	44
45	Open 50 Back	46
47	Open 200 Breast	48
49	Open 50 Free	50
51	Open 400 IM	52
53	Open 100 Back	54
55	Open 50 Breast	56
57	Open 400 Free Relay	58

