



Integrity, Inclusion, Education, Excellence

2022 Calvin Early Bird

Hosted By: Calvin Swim Club

May 6 and 7, 2022

Approval: This meet is approved by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Approval Number **MIAP2122095**. In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

MS or USA-S may revoke this approval at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND Venema Aquatic Center, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

Calvin Swim Club will include the above information in meet announcements, heat sheets and posted around the pool facility.

COVID-19 Procedures/Requirements:

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

Minor Athlete Abuse Prevention Policy Acknowledgement:

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Location: Calvin University
Venema Aquatic Center
3195 Knight Way SE
Grand Rapids, MI 49546-4406

Times:

May 6, 2022

Session #1 - OPEN: WU start 5:00 PM, Event starts 6:00 PM

May 7, 2022

Session #2 - 12 & Under: WU start 8:00 AM, Event starts 9:00 AM

Session #3 - OPEN: WU after the completion of the morning session, but not before 12:30 PM, events starts one hour after warm up begins, but not before 1:30 PM.

Session #4 – 12 & Under: WU after the completion of the morning session, but not before 4:00 PM, events starts one hour after warm up begins, but not before 5:00 PM.

Facilities:

Venema Aquatic Center is an 8 lane pool 50 meter pool where 7 lanes will be used for competition and one lane will be available for supervised warm-up and warm down. Depth at start is 8' and 15' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 8-lane display will be used.

Course Certification: The competition course has not been certified in accordance with 104.2.2C(4)

Meet Format: This meet will be a Timed Final.

Eligibility: All athletes are eligible to participate in this meet.

Entry Procedures

Entries may be submitted to the Administrative Official as of April 8th @ 12:00PM. The Administrative Official must receive all entries no later than April 29th @ 11:59PM. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. Only athletes registered with USA Swimming are allowed to have an ID built in the entries. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet. Make checks payable to: Calvin Swim Club.

Entry Acceptance and Processing

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

Individual Entry Limits: Swimmers may enter a maximum 6 individual events and 1 relay per day.

Entry Fees: \$5.00 per individual event and \$12.00 for relays. Make checks payable to: Calvin Swim Club.

Surcharges: A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

Paper Entries

MS rules regarding non-electronic entries apply. \$6 per individual event and \$13 per relay. There is a \$1.00 additional charge per event if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Paperwork

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Attn: CSC
Venema Aquatic Center
3195 Knight Way SE
Grand Rapids, MI 49546-4406

Check In: Check in will be required. It will be available 30 minutes before warmups. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm. Check in sheets will be posted outside the pool.

Marshaling: Self-Marshaling will be used for all swimmers. Heat sheets will be posted around the pool after check-in closes and seeding is complete.

Seeding: This meet will be seeded 15 minutes after the start of warmups each session.

Deck Entries: The Meet Referee and Meet Director will determine if deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies. All deck entries must be received by the office 15 minutes after warmups begin for the session the athlete is deck entering. Deck Entries count toward daily total entries for athletes. The deck entry fee is \$7.00 for individual and \$13.00 for relays. If an athlete is not currently registered with Michigan Swimming or another USA Swimming LSC, the athlete may deck register for a \$168.00 fee before being entered into the meet for their times to be entered into SWIMS. For deck entries, if they are registered athletes then their name, athlete

ID and club affiliation should then be added to your database just as it appears on the card or list or the swimmers may compete unattached (UN) if they request to do so. If they are not USA Swimming athletes, do not build their ID. If the athlete is not already in the meet the \$1.00 surcharge will apply.

Meet Programs/Admissions: Admissions: \$5.00 per person per day. Children 10 and under may enter free. Heat sheets will be available each session at the admissions table for \$2.00 after the meet is seeded.

Scoring: No team or individual scoring will be kept.

Awards: Awards will be given in all 12 & under events. Awards for 12 & Under will be divided into 8 & under, 9 & 10 and 11 & 12 categories. Ribbons will be given for 1st -8th place in each category. No awards will be given in Open events.

Results

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions: Food and beverages will be available in the concession stand. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found: Articles may be turned in/picked up at pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the

responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the door to the pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo, name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid: Supplies will be kept in the pool office.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Meet Director – Chris Sullivan, cms65@calvin.edu (Must be a USA Swimming member)

Meet Referee – Jon Smitley - smitleyswim@gmail.com

Safety Marshal – Helena Tolic

Administrative Official - Adam Forbes, forbesajswim@gmail.com

2022 Calvin Early Bird

May 6 & 7, 2022

Events list

Approved Number: **MIAP2122095**

Friday

Warm-up starts 5:00 PM Check-in closes 5:15 PM Meet starts 6:00 PM

Girls	Event	Boys
1	Open 50 Fly	2
3	Open 200 Free	4
5	Open 200 Breast	6
7	Open 100 Back	8
9	Open 400 IM	10
11	Open 50 Free	12
13	Open 200 Fly	14
15	Open 400 Free Relay	16

Saturday AM

Warm-up starts 8:00 AM Check-in closes 8:15 AM Meet starts 9:00 AM

Girls	Event	Boys
17	12 & Under 200 Free	18
19	12 & Under 50 Breast	20
21	12 & Under 100 Back	22
23	12 & Under 200 Fly	24
25	12 & Under 50 Free	26
27	12 & Under 200 Breast	28
29	12 & Under 50 Back	30
31	12 & Under 400 Free Relay	32

Saturday Afternoon

WU: After the completion of the morning session, but not before 12:30 PM.

Check In Closes: 15 minutes after warmups start.

Events Begin: One hour after warm up begins, but not before 1:30 PM.

Girls	Event	Boys
33	Open 100 Free	34
35	Open 50 Breast	36
37	Open 200 Back	38
39	Open 100 Fly	40
41	Open 200 IM	42
43	Open 50 Back	44
45	Open 100 Breast	46
47	Open 400 Free	48
49	Open 400 Medley Relay	50

Saturday PM

WU: After the completion of the morning session, but not before 4:00 PM.

Check In Closes: 15 minutes after warmups start.

Events Begin: One hour after warm up begins, but not before 5:00 PM.

Girls	Event	Boys
51	12 & Under 50 Fly	52
53	12 & Under 200 IM	54
55	12 & Under 100 Free	56
57	12 & Under 200 Back	58
59	12 & Under 100 Breast	60
61	12 & Under 100 Fly	62
63	12 & Under 400 Free	64
65	12 & Under 400 Medley Relay	66

