



Integrity, Inclusion, Education, Excellence

2019 Summer Solstice Meet

Hosted By: Portage Aquatic Club

June 21-23, 2019

Sanction - This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI1819120**. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as is fully set forth in these meet rules.

Location – KIK Pool
1018 Walter Street
Kalamazoo, MI 49007

Parking is available in lot adjacent to the pool and across the street in the parking lot. There is no parking on City streets.

Times – Session 1: Friday Evening, June 22, 2018 (11-12, Open)

Warm-up Starts 4:00pm, Events Begin 5:00pm

Session 2: Saturday Morning, June 23, 2018 (11-12, 10 & Under)

Warm-up Starts 7:30am, Events Begin 8:30am

Session 3: Saturday Afternoon, June 23, 2018 (Open)

Warm-up will start at the conclusion of the morning session but not before 12:30pm. Events begin one (1) hour after the start of warm up but not before 1:30pm

Session 4: Saturday Evening, June 23, 2018 (Open)

Warm-up will start after conclusion of the afternoon session but not before 4:00pm. Events begin 45 minutes after warm-up but not before 4:45pm.

Session 5: Sunday Morning, June 24, 2018 (11-12, 10 & Under)

Warm-up Starts 7:30am, Events Begin 8:30am

Session 6: Sunday Afternoon, June 24, 2018 (Open)

Warm-up will start at the conclusion of the morning session but not before 12:30pm. Events begin one (1) hour after the start of warm up but not before 1:30pm

Motels – The preferred hotel for this meet is:

Microtel Inn & Suites by Wyndham
5597 S. 9th St.
Kalamazoo, MI 49009
Tel. 269-353-3200

Or visit your favorite travel and lodging website.

Facilities – The KIK Pool is a 6 lane 50-meter pool with a diving well which will be available for supervised warm up and warm down. Depth at start is 6 ft.¹ and 3.6 ft. at turn. Permanent starting blocks and non-turbulent lane markers will be used. Daktronics timing system will be used. There is no scoreboard, results will be posted. There is ample deck seating for swimmers, spectators, and coaches. Spectator are required to remain behind the red line. You will need to provide your own deck chair as this is an outdoor facility. Lockers are available (provide your own lock). The competition course has not been certified in accordance with 104.2.2C (4).

Eligibility – Summer Solstice is a Long Course Meter meet for those swimmers who have A, B, or C times. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on June 21, 2019 will determine his/her eligibility for a particular age group.

Deck Registration - Unregistered swimmers must register on deck at this meet by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$156.00 per swimmer for 2018-19 registration).

Meet Format – The Summer Solstice meet has a timed final ABC format. The swimmers are grouped by age and gender for results; 8 & under, 9 & 10, 11 & 12 and Open. Open events are limited to those athletes 13 years of age and over.

Entry Limits - Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the Administrative Official for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.

Swimmers Without A Coach - Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Individual Entry Limits – Swimmers may enter a maximum of one (1) individual event on Friday and four (4) individual events each day Saturday and Sunday. Swimmers entering the 1500 Free and the 400 Free may swim a total of five (5) individual events on Saturday.

¹Depth at Start must meet State of Michigan requirements.

Electronic Entries - \$5.00 per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Portage Aquatic Club.

Paper Entries - MS rules regarding non-electronic entries apply. \$6.00 per individual event. There is a \$1.00 additional charge per individual event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Entry Procedures - Entries may be submitted to the Administrative Official as of May 27, 2019 at 4:00pm. The Administrative Official must receive all entries no later than June 17, 2019 at 8:00pm. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (<http://www.miswim.org/>). All individual entries should be submitted via electronic mail to the Administrative Official at amarom.msao@gmail.com. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the Administrative Official has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your club's signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete Summer Solstice Meet entry packet with entry forms is available on the Michigan Swimming Website at <http://www.miswim.org/>

Refunds - Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entries - Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Paperwork and Payments: Portage Aquatic Club
Attn. Ty Parker
8406 Petoskey St.
Kalamazoo, MI 49009

Administrative Official: Maritza Amaro, amarom.msao@gmail.com
618-304-2909 (coaches only)
Kalamazoo, MI 49009

Check In - Check in will be required and available 30 minutes prior to the start of warm-up. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted at the entrance of the pool deck.

Scratch Rules - Prior to check in closing a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event.

Marshaling - The Summer Solstice Meet is a self-marshaled meet.

Seeding - Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest

to fastest other than distance events (400 IM, 400 Free, 800 Free, 1500 Free) which will be seeded fastest to slowest (alternating genders-women/men). Swimmers swimming the 800 Free and 1500 Free must provide one lane timer and one lap counter.

Deck Entries/Time Trials – Deck entries will be accepted, time permitting, at the Clerk of Course table prior to seeding the meet. Time trials will be accepted per the discretion of the Meet Referee. Deck entry and Time Trial fee is \$7.50 per individual event. Deck entry and Time Trial swimmers are subject to the Michigan Swimming \$1.00 general surcharge if they are not already entered in the meet. For deck entries and time trials, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal, the Club Portal is located on the USA Swimming website. The athlete may also enter by showing their membership from USA Swimming's DECK PASS on a smart phone. Name, athlete ID and club affiliation should then be added to your database just as it appears on the card or list or the swimmer may compete unattached (UN) if they request to do so.

Meet Programs/Admissions – Admission is \$5.00 per person. Children 10 & under are free, with a paying adult. Heat Sheets will be available for \$2.00. Please provide your own deck chair. All spectators must remain behind the red line that outlines the pool. There are no refunds for weather delays or cancelation. Spectators will NOT be allowed in the locker rooms. Portable rest room facilities will be available at the entrance just outside the pool area.

Scoring – No individual or team scoring will be kept.

Awards – 1st thru 8th place ribbons will be awarded for swimmers who are 12 & under, and will be divided into 8 & under, 9 & 10 and 11 & 12 categories. No awards will be given for open events.

Results - Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions - Food and beverages will be available at the concession stand on the pool deck. No glass containers permitted on the pool deck, in locker rooms or spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found - Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Deck Personnel/Locker Rooms/Credentialing - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS, Program Operations Vice-Chair of MS, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with

a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the entrance to the pool. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the Portage Aquatic Club logo as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid - Supplies will be kept in the pool office. The City of Kalamazoo will address all safety concerns or injuries that occur on the pool deck.

Facility Items -

- (A) No smoking is allowed in the building or on the grounds of KIK Pool Facility.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including cameras or cell phones, are not permitted in changing areas, rest rooms, locker rooms or behind the block.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Meet Director – Ty Parker (a USA Swimming member)
269-808-4794, parkertyk@gmail.com

Meet Referee – Paul Jones, pwj6@outlook.com

Safety Marshal – Heidi Riker

Administrative Official – Maritza Amaro, 618-304-2909, amarom.msao@gmail.com

2019 Summer Solstice

Sanction Number: MI1819120

Session 1

Friday, June 21, 2019

Warm-up starts 4:00pm Meet starts 5:00pm

<i>Girls</i>	<i>Age</i>	<i>Description</i>	<i>Age</i>	<i>Boys</i>
1	11-12	200 IM	11-12	2
*3	12 & over	400 IM	Open	*4
*5	Open	800 Free	Open	*6

*Seeded fastest to slowest with alternating genders-women/men

Session 2

Saturday, June 22, 2019

Warm-up starts 7:30am Meet starts 8:30am

<i>Girls</i>	<i>Age</i>	<i>Description</i>	<i>Age</i>	<i>Boys</i>
7	10 & Under	200 Free	10 & Under	8
9	11-12	200 Free	11-12	10
11	10 & Under	50 Breast	10 & Under	12
13	11-12	50 Breast	11-12	14
15	10 & Under	100 Butterfly	10 & Under	16
17	11-12	100 Butterfly	11-12	18
19	11-12	200 Breast	11-12	20
21	10 & Under	50 Free	10 & Under	22
23	11-12	50 Free	11-12	24
25	10 & Under	100 Back	10 & Under	26
27	11-12	100 Back	11-12	28

Session 3

Saturday, June 22, 2019

Warm-up starts 12:30pm Meet starts 1:30pm

<i>Girls</i>	<i>Age</i>	<i>Description</i>	<i>Age</i>	<i>Boys</i>
29	Open	200 IM	Open	30
31	Open	100 Breast	Open	32
33	Open	200 Free	Open	34
35	Open	50 Butterfly	Open	36
37	Open	200 Back	Open	38
39	Open	50 Free	Open	40
41	Open	200 Butterfly	Open	42

Session 4

Saturday, June 22, 2019

Warm-up starts 15 minutes after the completion of Session 3 but not before 4:00pm.

Meet starts 45 minutes after start of Warm-up but not before 4:45pm.

<i>Girls</i>	<i>Age</i>	<i>Description</i>	<i>Age</i>	<i>Boys</i>
*43	12 & Under	400 Free	12 & Under	*44
*45	Open	1500 Free	11 & Over	*46

*Seeded fastest to slowest with alternating genders-women/men

2019 Summer Solstice

Sanction Number: MI1819120

Session 5

Sunday, June 23, 2019

Warm-up starts 7:30am Meet starts 8:30am

<i>Girls</i>	<i>Age</i>	<i>Description</i>	<i>Age</i>	<i>Boys</i>
47	10 & Under	200 IM	10 & Under	48
49	10 & Under	50 Butterfly	10 & Under	50
51	11-12	50 Butterfly	11-12	52
53	10 & Under	100 Free	10 & Under	54
55	11-12	100 Free	11-12	56
57	11-12	200 Back	11-12	58
59	10 & Under	100 Breast	10 & Under	60
61	11-12	100 Breast	11-12	62
63	10 & Under	50 Back	10 & Under	64
65	11-12	50 Back	11-12	66
67	11-12	200 Butterfly	11-12	68

Session 6

Sunday, June 23, 2019

Warm-up starts 12:30pm Meet starts 1:30pm

<i>Girls</i>	<i>Age</i>	<i>Description</i>	<i>Age</i>	<i>Boys</i>
69	Open	100 Free	Open	70
71	Open	100 Back	Open	72
73	Open	50 Breast	Open	74
75	Open	100 Butterfly	Open	76
*77	Open	400 Free	Open	*78
79	Open	200 Breast	Open	80
81	Open	50 Back	Open	82

*Seeded fastest to slowest with alternating genders-women/men

Meet Evaluation Form

Sanction Number: MI1819120

Name of Meet: Summer Solstice

Date of Meet: June 21-23, 2019

Host of Meet: Portage Aquatic Club

Place of Meet: KIK Pool, Kalamazoo, Michigan

Who do you represent (circle)? Host Club Visiting Club Unattached

Describe yourself (circle) Athlete Coach Official Meet Worker Spectator

Please rate the overall quality of this meet:

(Please write any comments or suggestions below or on the reverse side)

	Low			High	
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair (Shawn Kornoelje) and the Michigan Swimming Office (Dawn Gurley) within 30 days.

Return this completed evaluation to a representative of the Meet Host. Thank you.