

**ROCK THE BLOCKS WINTER INVITATIONAL**  
**Hosted by East Kentwood Aquatics**  
Saturday, December 7<sup>th</sup>, 2019

Hosted by: East Kentwood Aquatics  
Kentwood Aquatics Center  
6230 Kalamazoo Avenue SE, Kentwood, MI 49508

Director: Joey Sutherlin  
616-430-1892  
**Joey.Sutherlin@kentwoodps.org**

Directions: From US-131 take eastbound M-6 (to Lansing). Take the Kalamazoo exit and go north on Kalamazoo. Turn right at the first light into East Kentwood High School. Go straight at the three-way stop and the pool will be the next parking lot to the right. Enter the facility through the door marked "K".

Facilities: 25 yard, 8 lane, Electronic timing & display, Horn start

Facility Rules: No food allowed in the pool area.  
No glass allowed in the pool or locker room area.  
No smoking in the facility or on school grounds.  
No bare feet outside the pool area – MUST wear sandals in the hall.  
Please be sure to keep the deck area clean throughout the meet.

Times: Check-in: 7:30am  
Warm-up: 8:00am  
Deck Entries Close: 8:15am  
Meet Starts: 9:00am

Entries Due: **Entries are due Tuesday, December 3<sup>rd</sup>, by 8pm.** Hytek entries can be emailed to Monika Steffens at **msmeetentries@gmail.com**. Deck Entries will be allowed if time permits. Cost is \$7.50 per event for deck entries.

Entries: Teams may enter swimmers in a maximum of four (4) events. Entries will be accepted in the order they are received.

Entry Fees: \$5.00 per individual event and \$12.00 per relay. Please make checks payable to: East Kentwood Aquatics.



- Refunds:** Once team entries have been received and processed by the entry chair, there are no refunds in full or in part.
- Seeding:** All events are timed finals, seeded slowest to fastest.
- Marshalling:** This is a self marshalled meet. Swimmers will be responsible for reporting to the starting blocks when their event is called.
- Awards:** Swimmers will receive medals 1<sup>st</sup> -3<sup>rd</sup> places, ribbons 4<sup>th</sup>-12<sup>th</sup> for individual events. Relay events will receive ribbons for 1<sup>st</sup>-3<sup>rd</sup>.
- Scoring:** There will be no team or individual scores.
- Admissions:** \$5.00 adults  
\$3.00 students age 5 through HS  
4 and under free
- Apparel:** Fine Designs will be available in the lobby outside of the pool for apparel purchasing.
- Concessions:** Available at the concession stand, starting at 8am.
- Payments:** Can be dropped off to Joey Sutherlin on the day of the meet or mailed prior to the meet to EKHS, Attn Joey Sutherlin, KAC 6230 Kalamazoo Ave SE, Kentwood, MI 49508
- Results:** Results will be posted in the balcony above the pool area. Unofficial results will also be available on Meet Mobile (keyword: Kentwood)



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All Ages

Warm-up: 8:00am

Meet Start: 9:00am

Girls

1	8 & Under 100 Freestyle Relay
3	9-10 200 Freestyle Relay
5	11-12 200 Freestyle Relay
7	13-14 200 Freestyle Relay
9	10 & Under 200 Freestyle
11	11 - 12 200 Freestyle
13	13 - 14 200 Freestyle
15	10 & Under 100 IM
17	11 - 12 100 IM
19	13 - 14 100 IM
21	8 & Under 25 Freestyle
23	9 - 10 50 Freestyle
25	11 - 12 50 Freestyle
27	13 - 14 50 Freestyle
29	8 & Under 25 Butterfly
31	9 - 10 50 Butterfly
33	11 - 12 50 Butterfly
35	13 - 14 50 Butterfly
37	8 & Under 50 Freestyle
39	9 - 10 100 Freestyle
41	11 - 12 100 Freestyle
43	13 - 14 100 Freestyle
45	8 & Under 25 Backstroke
47	9 - 10 50 Backstroke
49	11 - 12 50 Backstroke
51	13 - 14 100 Backstroke
53	8 & Under 25 Breaststroke
55	9 - 10 50 Breaststroke
57	11 - 12 50 Breaststroke
59	13 - 14 100 Breaststroke
61	10 & Under 500 Freestyle
63	11 - 14 500 Freestyle

Boys

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