

East Grand Rapids (EGRA) Vs. Grand Rapids (GR)

Wednesday, June 5th, 2019

Location:	East Grand Rapids High School 221 Lake Dr. SE East Grand Rapids, MI 49506
Times:	Warm-Up: 5:00 p.m. Meet Start: 6:00 p.m.
Online Sign-Up Deadline:	June 3 rd , 2019
Swimmer Etiquette:	Swimmers are encouraged to stay on the deck with their team until the end of the meet. As a part of good sportsmanship, all team members are to divide their time at meets between racing, warming up/cooling down, and cheering on their team mates. If a swimmer needs to go to the stands to speak to their parents or has to leave early, they must first check with a coach .
Individual Entry Limits:	Swimmers are limited to <i>2 individual events & 2 relays</i> .
Scoring:	Individual events-- 6, 4, 3, 2, 1. Relays-- 8, 4, 2.
Results:	Complete Meet Results will be published on <i>Meet Mobile</i> and will be posted in the results section of the GR website: www.graquatics.org/meets .
First Aid:	First aid supplies are kept in the pool office.

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Age Group Dual Meet

Warm-Up: 5:00 p.m. Meet Start: 6:00 p.m.

Girls	Event	Boys
1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	15-18 200 Medley Relay	10
11	11-12 200 Freestyle	12
13	13-14 200 Freestyle	14
15	15-18 200 Freestyle	16
17	9-10 100 I.M.	18
19	11-12 100 I.M.	20
21	13-14 100 I.M.	22
23	15-18 200 I.M.	24
25	8 & Under 25 Freestyle	26
27	9-10 50 Freestyle	28
29	11-12 50 Freestyle	30
31	13-14 50 Freestyle	32
33	15-18 Freestyle	34
35	8 & Under 25 Butterfly	36
37	9-10 50 Butterfly	38
39	11-12 50 Butterfly	40
41	13-14 50 Butterfly	42
43	15-18 100 Butterfly	44
45	8 & Under 50 Freestyle	46
47	9-10 100 Freestyle	48
49	11-12 100 Freestyle	50
51	13-14 100 Freestyle	52
53	15-18 100 Freestyle	54
55	8 & Under 25 Backstroke	56
57	9-10 50 Backstroke	58
59	11-12 50 Backstroke	60
61	13-14 100 Backstroke	62
63	15-18 100 Backstroke	64
65	8 & Under 25 Breaststroke	66
67	9-10 50 Breaststroke	68
69	11-12 50 Breaststroke	70
71	13-14 100 Breaststroke	72
73	15-18 100 Breaststroke	74
75	8 & Under 100 Freestyle Relay	76
77	9-10 200 Freestyle Relay	78
79	11-12 200 Freestyle Relay	80
81	13-14 200 Freestyle Relay	82
83	15-18 200 Freestyle Relay	84