



Integrity, Inclusion, Education, Excellence

Stars and Stripes ABC Swimvitational

Hosted By: Spartan Swim Club

June 24-26, 2016

Sanction - This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI1516124**. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as is fully set forth in these meet rules.

Location - Michigan State University IM West, 393 Chestnut Rd, East Lansing MI 48824

Times - Friday pm 4 pm warm up 5 pm start.
 Saturday am 7:30 am Warm up 8:30 am Start
 Saturday pm 12:30 pm Warm up 1:30 pm start
 Sunday am 7:30 am Warm up 8:30 am start
 Sunday pm 12:30 pm Warm up 1:30 pm start

Motels – Use your favorite program to find your hotel for the weekend.

Facilities - The IM West Outdoor pool at MSU is a 50 meter 8 lane pool with a diving well which will be available for supervised warm-up and warm down. Depth at start is 6-7 ft¹ and 4 ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with no display will be used. There is ample seating space for spectators, bring your own chairs. Lockers are not available. Public phones will not be available. The competition course has not been certified in accordance with 104.2.2C

Eligibility - The Stars and Stripes ABC Swimvitational is for all swimmers. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on June 24, 2016 will determine his/her eligibility for a particular age group.

Deck Registration - Unregistered swimmers must register on deck at this meet by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$140.00 per swimmer for 2015-16 registration).

Meet Format - LCM, 12 & Under events will be swum during AM sessions, Open events will be swum during PM sessions.

Entry Limits - Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the Administrative Official for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy

¹Depth at Start must meet State of Michigan requirements.

of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.

Swimmers Without A Coach - Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Individual Entry Limits - Swimmers may enter no more than 2 individual events Friday and 3 individual events each day Saturday and Sunday.

Electronic Entries - **\$5** per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Spartan Swim Club

Paper Entries - MS rules regarding non-electronic entries apply. **\$6** per individual event. There is a \$1.00 additional charge per individual event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Entry Procedures - Entries may be submitted to the Administrative Official as of May 27, 2016 at 10 am. The Administrative Official must receive all entries no later than June 17, 2016 at 11:59 pm. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (<http://www.miswim.org/>). All individual entries should be submitted via electronic mail to the Administrative Official at spartanscentry@gmail.com. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the Administrative Official has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete Stars and Stripes Swimvitational entry packet with entry forms is available on the Michigan Swimming Website at <http://www.miswim.org/>

Refunds - Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entries - Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Damon Robertson
329 Smith Ave
Lansing MI 48910
517-402-2557

Send entry to spartanscentry@gmail.com

Check In - Check in will be required. It will be available as of 330 pm on Friday, 715 am, and 12 pm, Saturday and Sunday. Failure to check in will cause the swimmer to be scratched from

all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted by the entrance to the pool.

Scratch Rules - Prior to check in close a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event.

Marshaling - This Meet will be self-marshalled.

Seeding - Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest

Deck Entries/Time Trials – Deck entries will be available provided there is room left in the meet after all the entries are received and processed. Deck Entries will be \$7 per individual event. No Time Trials will be offered. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge if they are not already entered in the meet. For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal, the Club Portal is located on the USA Swimming website. The athlete may also enter by showing their membership from USA Swimming's DECK PASS on a smart phone. Name, athlete ID and club affiliation should then be added to your database just as it appears on the card or list or the swimmer may compete unattached (UN) if they request to do so.

Meet Programs/Admissions - Admissions: \$5.00 per person per day (10 and under free with a paying adult). Heat sheets will be available each session at the admissions table for \$2.00 after the meet is seeded

Scoring - No Individual or Team Scores will be kept

Awards – The 10 & Under and 11-12 age groups will be awarded A, B & C individual event 1st - 8th place ribbons. No awards for Open events.

Results - Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions - Food and beverages will be available at the meet near the start end of the pool. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found - Articles may be turned in/picked up at **admissions**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Deck Personnel/Locker Rooms/Credentialing - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the hallway to the locker rooms/pool deck. Meet personnel will check the list of approved

individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo, name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid - Supplies will be kept in the lifeguard station on the pool deck.

Facility Items –

- (A) No smoking is allowed in the building or on the grounds of IM West.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the lifeguard station.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.

Meet Director – Patrick Saucedo saucedo.patrick@gmail.com

517 488-3485

Meet Referee - Casey Kern, 517-339-4050, ckern1213@sbcglobal.net

Safety Marshal – Robert Turnbull

Administrative Official - Damon Robertson
spartanscentry@gmail.com 517 402-2557

Stars and Stripes ABC Swimvitational

Sanction Number MI 1516124

Friday, June 24, 2016

**Warm-up 4:00 pm
Check-in Closes 4:15 pm
Meet Starts 5:00 pm**

Girls	Age	Description	Age	Boys
1	Open	400 IM	Open	2
3	Open	400 Freestyle	Open	4

Saturday, June 25, 2016

**Warm-up 7:30 am
Check-in Closes 7:45 am
Meet Starts 8:30 am**

Girls	Age	Description	Age	Boys
5	10 & Under	200 Freestyle	10 & Under	6
7	11-12	200 Freestyle	11-12	8
9	10 & Under	50 Breaststroke	10 & Under	10
11	11-12	50 Breaststroke	11-12	12
13	10 & Under	100 Backstroke	10 & Under	14
15	11-12	100 Backstroke	11-12	16
17	11-12	200 Breaststroke	11-12	18
19	10 & Under	50 Freestyle	10 & Under	20
21	11-12	50 Freestyle	11-12	22
23	10 & Under	100 Butterfly	10 & Under	24
25	11-12	100 Butterfly	11-12	26

Saturday, June 25, 2016

**Warm-up 12:30 pm
Check-in Closes 12:45 pm
Meet Starts 1:30 pm**

Girls	Age	Description	Age	Boys
27	Open	200 Butterfly	Open	28
29	Open	50 Freestyle	Open	30
31	Open	200 Breaststroke	Open	32
33	Open	100 Backstroke	Open	34
35	Open	200 Freestyle	Open	36
37	Open	50 Breaststroke	Open	38

Stars and Stripes ABC Swimvitational

Sanction Number MI 1516124

**Sunday, June 26, 2016
Warm-up 7:30 am
Check-in Closes 7:45 am
Meet Starts 8:30 am**

Girls	Age	Description	Age	Boys
39	10 & Under	200 IM	10 & Under	40
41	11-12	200 IM	11-12	42
43	10 & Under	50 Butterfly	10 & Under	44
45	11-12	50 Butterfly	11-12	46
47	10 & Under	100 Freestyle	10 & Under	48
49	11-12	100 Freestyle	11-12	50
51	11-12	200 Backstroke	11-12	52
53	10 & Under	100 Breaststroke	10 & Under	54
55	11-12	100 Breaststroke	11-12	56
57	10 & Under	50 Backstroke	10 & Under	58
59	11-12	50 Backstroke	11-12	60
61	11-12	200 Butterfly	11-12	62

**Sunday, June 26, 2016
Warm-up 12:30 pm
Check-in Closes 12:45 pm
Meet Starts 1:30 pm**

Girls	Age	Description	Age	Boys
63	Open	200 IM	Open	64
65	Open	100 Freestyle	Open	66
67	Open	50 Butterfly	Open	68
69	Open	200 Backstroke	Open	70
71	Open	100 Breaststroke	Open	72
73	Open	100 Butterfly	Open	74
75	Open	50 Backstroke	Open	76

Meet Evaluation Form

Sanction Number: MI 1516124

Name of Meet: Stars and Stripes Swimvitational

Date of Meet: June 24-26, 2016

Host of Meet: Spartan Swim Club

Place of Meet: Michigan State University IM West.

Who do you represent (circle)? Host Club Visiting Club Unattached

Describe yourself (circle) Athlete Coach Official Meet Worker Spectator

Please rate the overall quality of this meet:

(Please write any comments or suggestions below or on the reverse side)

	Low		High		
	1	2	3	4	5
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Return this completed evaluation to a representative of the Meet Host. Thank you.

Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair (Mike Cutler) and the Michigan Swimming Office (Dawn Gurley and John Loria) within 30 days.