



## **Integrity, Inclusion, Education, Excellence**

### **2025 WMSL Winter "A" Meet**

**Hosted By: West Michigan Swimmers and Grand Haven Swim Club**

**February 7-8, 2025**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as an approved timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MIAP2425095**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

#### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

#### **Location**

##### **Friday, February 7, 2025**

Grand Haven Aquatics Center / Grand Haven High School  
17001 Ferris St.  
Grand Haven, MI 49417

##### **Saturday, February 8, 2025**

Zeeland Natatorium / Zeeland West High School  
3390 100<sup>th</sup> Ave.  
Zeeland, MI 49464

#### **Times**

**Friday Evening (11 - 14)** Warm up: 4:30pm Meet Start: 6:00pm

**Saturday Morning (10 & Under)** Warm up: 8:00am Meet Start: 9:30am

#### **Facilities**

**Zeeland Natatorium**, is a 10 lane, 25 yard pool with a diving well which will be available for supervised warm-up and warm down. Depth at start is 8<sup>1</sup> and 9' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with a 10 lane

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<sup>1</sup> Depth at Start must meet State of Michigan requirements.

display will be used. There is ample balcony seating for spectators. Lockers are available, please provide your own lock. Public phones will be available.

**Grand Haven Aquatics Center**, is a 12 lane, 25 yard pool. Lanes 1 through 8 will be used for competition and lanes 9 through 12 will be available for supervised warm-up and warm down. Depth at start is 8'<sup>2</sup> in lane 1 to 13' in lane 12 and 8' in lane 1 to 13' in lane 12 at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 8 lane display will be used.

### **Course Certification**

Both competition courses have not been certified in accordance with 104.2.2C(4)

### **Meet Format**

The WMSL Winter A Championship is an age group meet where swimmers are separated into the following age groups: 8 & Under, 9-10, 11-12, and 13-14. 10 & Under swimmers will swim on Saturday morning and ages 11-14 will swim on Friday evening.

### **Eligibility**

All athletes are eligible to participate in this meet that have participated in an approved WMSL meet after Nov 23, 2024. Athletes must also meet the qualifying time as required.

### **Entry Procedures**

Entries may be submitted to the Administrative Official as of **January 19, 2025 @ 6:00pm**. The Administrative Official must receive all entries no later than **February 1, 2025 @ 11:59pm**. Entries for USA registered athletes must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

### **Entry Acceptance and Processing**

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

### **Individual Entry Limits**

Swimmers may be entered in up to 2 individual events and 2 relay events, but not more than 4 total.

Teams are limited to an A and B relay for each relay event. Both A and B relays are limited to 2 relay only swimmers for each relay event. All B relays will swim exhibition.

12 & under swimmers must meet the WMSL A qualifying time to enter the A meet. No qualifying times for 13-14.

Swimmers with only one qualifying time can enter 1 bonus event.

### **Entry Fees**

There are no entry fees for this meet.

### **Surcharges**

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<sup>2</sup> Depth at Start must meet State of Michigan requirements.

A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

### **Refunds**

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

### **Entry Payments**

Checks should be sent via U.S. mail or nationally recognized overnight courier to:

Not Applicable  
(WMSL will cover the surcharges)

### **Check In**

Check-in will be required. Check-in will be available 30 minutes prior to start of warm-up. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check-in sheets will be posted in the hallway outside the locker rooms.

### **Marshaling**

Self-Marshaling will be used for all swimmers. Heat sheets will be posted around the pool after check-in closes and seeding is complete.

### **Seeding**

Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest.

### **Deck Entries**

Deck entries will **not** be allowed.

### **Meet Programs/Admissions**

Admission is \$5.00 per adult and \$3.00 for children 5 & over. Meet programs will be \$2 for each day at each pool.

### **Scoring**

Team Scores will be kept/points will be awarded for the top 16 times as follows:

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2 (only the A relays will score)

### **Awards**

Medals for individual events and relays 1<sup>st</sup> - 3<sup>rd</sup> place. Ribbons for individual events 4<sup>th</sup> - 16<sup>th</sup> place. All B relays will swim exhibition and are not eligible for awards.

### **Results**

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

## **Concessions**

Food and beverages will be available in the concession stand. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

## **Lost and Found**

Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

## **Swimming Safety**

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

## **Racing Start Certification**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## **Deck Personnel/Locker Rooms/Credentialing**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

## **Swimmers with Disabilities**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

## **First Aid**

Supplies will be kept in the pool office.

### **Medical Supervision**

Lifeguards and an AED device will be available to all athletes participating in this competition.

### **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

### **General Information and Errors/Omissions**

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

## **Meet Personnel**

### **Grand Haven**

**Meet Director:** Michaela Schuitema / [mschuitema@gpsbulldogs.org](mailto:mschuitema@gpsbulldogs.org) / 616-254-6430

**Meet Referee:** Hilary Fisher / [candhfisher@gmail.com](mailto:candhfisher@gmail.com) / 616-308-7812

**Safety Marshal:** Doug Thorne

**Administrative Official:** Terri Clark / [tclarkswim@gmail.com](mailto:tclarkswim@gmail.com) / 224-279-8164

### **Zeeland**

**Meet Director:** Dana Durham / [westmiswimmers@gmail.com](mailto:westmiswimmers@gmail.com) / 616-283-2467

**Meet Referee:** Hilary Fisher / [candhfisher@gmail.com](mailto:candhfisher@gmail.com) / 616-308-7812

**Safety Marshal:** Chris DenHerder

**Administrative Official:** Terri Clark / [tclarkswim@gmail.com](mailto:tclarkswim@gmail.com) / 224-279-8164

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**Approval Number: MIAP2425095**

**Friday Evening, (11 - 14)**

**Grand Haven Aquatics Center / Grand Haven High School**

**Warm-up 4:30 pm Check-in closes 4:45 pm Meet Starts 6:00 pm**

<b>Girls</b>	<b>Age</b>	<b>Description</b>	<b>Age</b>	<b>Boys</b>
1	11-12	200 Med Relay	11-12	2
3	13-14	200 Med Relay	13-14	4
5	11-12	200 Freestyle	11-12	6
7	13-14	200 Freestyle	13-14	8
9	11-12	100 IM	11-12	10
11	13-14	100 IM	13-14	12
13	11-12	50 Freestyle	11-12	14
15	13-14	50 Freestyle	13-14	16
17	11-12	50 Butterfly	11-12	18
19	13-14	50 Butterfly	13-14	20
21	11-12	100 Freestyle	11-12	22
23	13-14	100 Freestyle	13-14	24
25	11-12	50 Backstroke	11-12	26
27	13-14	100 Backstroke	13-14	28
29	11-12	50 Breaststroke	11-12	30
31	13-14	100 Breaststroke	13-14	32
33	11-12	200 Free Relay	11-12	34
35	13-14	200 Free Relay	13-14	36

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**Saturday Morning, (10 & Under)**

**Zeeland Natatorium, Zeeland West High School**

**Warm-up 8:00 am Check-in closes 8:15 am Meet Starts 9:30 am**

<b>Girls</b>	<b>Age</b>	<b>Description</b>	<b>Age</b>	<b>Boys</b>
37	8 & Under	100 Med Relay	8 & Under	38
39	9-10	200 Med Relay	9-10	40
41	9-10	200 Freestyle	9-10	42
43	9-10	100 IM	9-10	44
45	8 & Under	25 Freestyle	8 & Under	46
47	9-10	50 Freestyle	9-10	48
49	8 & Under	25 Butterfly	8 & Under	50
51	9-10	50 Butterfly	9-10	52
53	8 & Under	50 Freestyle	8 & Under	54
55	9-10	100 Freestyle	9-10	56
57	8 & Under	25 Backstroke	8 & Under	58
59	9-10	50 Backstroke	9-10	60
61	8 & Under	25 Breaststroke	8 & Under	62
63	9-10	50 Breaststroke	9-10	64
65	8 & Under	100 Freestyle Relay	8 & Under	66
67	9-10	200 Freestyle Relay	9-10	68